

Southern Arizona Friends of Jung

Location:

Casas Adobes
Congregational Church
6801 N Oracle Rd
Tucson AZ,
park and enter near
Office for the lecture

Cost:

Friday Lecture:
\$15 (members \$10)

Saturday Workshop:
\$65 (members \$50)



Dr. Ginette Paris is a psychologist, therapist and author of many books, among which is *Wisdom of the Psyche: Depth Psychology after Neuroscience* (Routledge 2007). Her books have been translated into French, Spanish, Italian, Portuguese, German and Russian. She is core faculty at the Pacifica Graduate Institute in Santa Barbara, California, and Research Consultant in the Somatics Program. Her latest book is *Heartbreak: Recovery from Lost Love and Mourning* (Mill City Press, 2011).

Ginette Paris

The Neuroscience of Individuation

Heartbreak: Love in the City



Lecture: The Neuroscience of Individuation, of Love and Loss
Friday, April 13, 7pm

The pain of mourning and heartbreak is neurologically similar to being submitted to torture. There seems to be only one way to end that agony, and to limit somatic damage. Neuroscience calls it an “evolutionary jump” and Jungians call it the process of individuation.

Ginette Paris will compare the language used by neuroscience with the basic tenants of depth psychology, demonstrating how the process of Individuation starts with heartbreak, and propels one beyond what neuroscience calls limbic attachments.

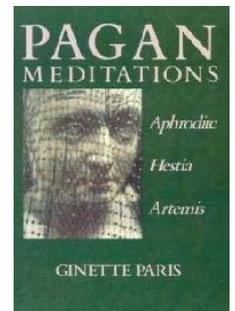
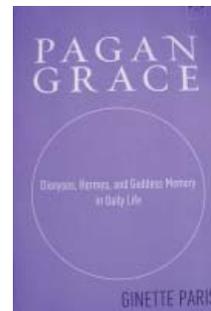
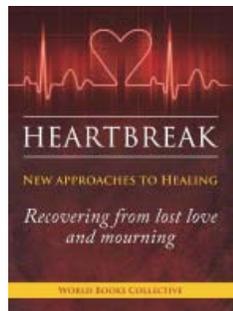
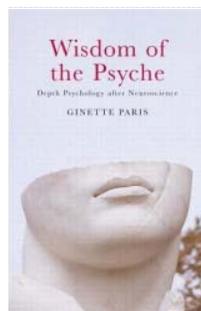
The good news is this: if you love, your heart should be broken at some point or other in your life. If not, your love may remain the innocent love of a child.

Workshop: Love in the City: the many forms of loss and only one way to let go.
Saturday, April 14, 10:00 am to 4:00 pm

A heartbreak may take many forms: romantic breakup, widowhood, disappointment with one’s child or one’s parent, loss of friendship, loss of professional identity, loss of one’s house, fortune, country...

Anyone and anything we love can break the heart and transform us into a miserable beggar for love. None of the usual admonitions to let go, and none of the popular theories based on stages of mourning have succeeded in providing healing, because they fail to take into account what happens in the brain.

The workshop is designed to train therapists, health professionals, and individuals in the new approaches, where neuroscience concurs with depth psychology. The goal is a liberation of the heart, what neuroscientists call an “push from Nature”, a process similar to a Dionysian initiation that breaks you open.



For more information, forms, and PayPal internet payment option, see: www.safoj.org.
Or, print out and mail in pre-registration/membership forms and your check to:
Southern Arizona Friends of Jung, P.O. Box 64267, Tucson, AZ 85728-4267