

## Southern Arizona Friends of Jung

**Sylvia G. Simpson, MD, MPH**  
**Presentation and Workshop**

***Islands and Tides as Symbols of the Self***

Lecture: Friday, February 15, 7pm  
Presentation Cost: \$15  
Members: \$10

***Liminality and the Development of  
Consciousness***

Saturday February 16, Workshop  
9am to 1pm  
(half hour brown bag lunch break)  
Workshop Cost: \$60  
Members: \$45

Paypal credit card payments at  
<http://www.safoj.org/events.htm>  
or pay at the door at 6:30pm

Location

Casas Adobes Congregational Church  
6801 N. Oracle Road  
park and enter near the office



**Sylvia G. Simpson, MD, MPH** is a Jungian Analyst in private practice in Tucson, AZ. After attending Medical School in Canada and working there as a Family Doctor, she trained in Psychiatry at the Johns Hopkins Hospital in Baltimore, MD. She completed her analytic training with the Interregional Society for Jungian Analysts. Dr. Simpson grew up on a small island in the Bay of Fundy in eastern Canada which has the highest and lowest tides in the world.



### **Islands and Tides as Symbols of the Self**

#### **Friday Presentation by Sylvia Simpson**

Islands have a fascination for people, even for those who only visit them in their dreams or imagination. Many creation stories feature the emergence of an island out of the void. Dr. Carl Jung spoke of “islands of consciousness” emerging out of the ocean of the unconscious. Once formed, the ego-island continues to be threatened by possession by complexes and archetypes. The unconscious, like the ocean, is constantly changing, and our tide of psychic energy constantly ebbs and flows throughout life. The seashore is the liminal zone where the opposites of earth and sea meet. Our psychic shoreline, where consciousness and the unconscious meet, is the transformative zone where our psychic growth occurs. It is the realm where we move across the limits of what we were into what we are to be.

### **Liminality and the Development of Consciousness**

#### **Saturday Workshop:**

Dr. Simpson will explore at a deeper level the theme of liminality, 1) how it is the realm of the transcendent function, which is essential for individuation; and 2) how it affects therapeutic relationships and relationships in general. She will provide some clinical examples. Workshop attendees are encouraged to bring dreams with island or sea images.

For more information, forms, and PayPal internet payment option, see: [www.safoj.org](http://www.safoj.org).

Or, print out and mail in pre-registration/membership forms and your check to:

Southern Arizona Friends of Jung,  
P.O. Box 64267, Tucson, AZ 85728-4267