



SOUTHERN ARIZONA
FRIENDS OF JUNG

DEEDY YOUNG, LCSW

Anger, Conscious and Unconscious
Lecture: Friday, September 19, 2014, 7pm
Presentation Cost: \$15
Members: \$10

Living with the Furies
Workshop: Saturday September 20, 2014
9am to 1pm
(half hour brown bag lunch break)
Workshop Cost: \$60
Members: \$45

Credit card payments at
http://www.safj.org/upcoming_events
or pay at the door at 6:30pm

Location
Han University
2856 E Fort Lowell Road
Tucson. Arizona



DEEDY YOUNG, LCSW, a Jungian Analyst, lives in Lafayette, Louisiana where she has a private practice and facilitates dream groups. She is a graduate of the Interregional Society of Jungian Analysts and teaches in the New Orleans Jung Seminar.

ANGER

The Darkly Shining Heart



Detail from *The Remorse of Orestes* by William F. Bouguereau. The Furies Attack Orestes

Talk: *Anger, Conscious and Unconscious*

Anger is essential to survival but, because it can wreak havoc, we are socialized to repress it. However, anger to which we do not relate is a danger to ourselves and the world in which we live. Faced with real or perceived danger, anger returns and presses us to act. The opposition of these two forces raises questions that this presentation will address: How does repression affect anger? How to respond when anger or rage is unrelenting? How are these two forces to unite? Analytic work that includes the contained expression of anger can enhance the individual's understanding and integration of this force while serving the creative process of individuation.

Workshop: *Living with the Furies*

In the workshop the speaker will present material from the classic Greek drama, *The Eumenides* (*The Furies*) by Aeschylus. The Furies illustrate the unspeakable potency of archetypal fury that seems incapable of any response but retribution. It portrays two ways of dealing with The Furies, to either reject the instincts with repulsion and repression or tolerate their self-expression while maintaining identity and integrity. We will look at the material as an internal drama, with the main characters symbolic of the three levels of the psyche and how they interact. Movie clips from *Vier Minuten* (*Four Minutes*) will be shown and to bring these aspects of the psyche to life and to facilitate small-group discussion.