



## Southern Arizona Friends of Jung

MICHELE MANOS, PhD, MPH, DVM

**Playing with a Full Deck: Finding Clarity  
through the Creation and Consultation  
of SoulCollage® Cards**

Lecture: Friday, October 24, 2014, 7pm

Presentation Cost: \$15

Members: \$10

**Saturday playshop: An Introduction to  
the Magic of SoulCollage®**

Saturday October 25, 2014, Workshop  
9am to 1pm

(brown bag breaks during workshop)

Workshop Cost: \$60

Members: \$45

supplies fee: \$5

Paypal credit card payments at

<http://www.safj.org/events.htm>

or pay at the door at 6:30pm

Website designed by Nuanced Media

### Location

Han University

2856 E Fort Lowell Road

Tucson, Arizona



MICHELE MANOS, PhD, MPH, DVM has been a mentor for those in professional and personal transitions for over 25 years. She trained as a SoulCollage® Facilitator in 2008 with Seena Frost. Michele works with her own SoulCollage® cards daily, and offers workshops and retreats for beginners and for experienced facilitators. Dr. Manos is also a professor, a public health scientist, and a veterinarian.

[www.michelemanos.com](http://www.michelemanos.com)

[www.soulcollage.com](http://www.soulcollage.com)

# SoulCollage®: The Transformative Power of Images



Developed by Seena Frost, this creative self-discovery process has strong Jungian roots (her mentors included James Hillman and Jean Houston). By making and consulting collaged cards, we see how chosen images can reveal and integrate aspects of our selves. This fascinating practice is used for personal work, and in therapeutic settings.

### **Friday lecture: Playing with a Full Deck: Finding Clarity through the Creation and Consultation of SoulCollage® Cards**

A SoulCollage® deck represents a collection of our unique parts: psychological, social, spiritual, and the collective unconscious. Using her own deck of SoulCollage® Cards, Michele Manos will introduce the core principles of the process and the structure of the suits. She will share personal examples of profound experiences when making cards, consulting them, and utilizing them with a therapist. The evening will include experiential work to select and speak from images.

### **Saturday playshop: An Introduction to the Magic of SoulCollage®**

With thousands of images to choose from, you'll create several cards that reflect the facets of your soul, probe the shadow and the light within them, and discover surprising ways the cards speak your inner wisdom. We'll share our cards' unique messages with each other in structured readings and close with a ceremony honoring our cards, ourselves and the "One and the Many."