



Into the Labyrinth: Journaling Our Spiritual Lives

Southern Arizona Friends of Jung

CATHERINE PENN WILLIAMS, MA, LPC,

Saturday Workshop

Saturday January, 24, 2015

9am to 3pm

(one hour break for lunch)

Workshop Cost: \$60

Members: \$45

Paypal credit card payments at
<http://www.safoj.org/events.htm>
or pay at the door at 6:30pm

Location

Han University
2856 E Fort Lowell Road
Tucson, Arizona

Website designed by Nuanced Media



Facilitated by CATHERINE PENN WILLIAMS, MA, LPC—a Jungian psychotherapist who has facilitated journal work in groups for over 20 years. She has been in private practice in Tucson for 25 years and currently serves on the board of Southern Arizona Friends of Jung.



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How do I understand the twists and turns of my spiritual journey? Where am I going from here? Join us for a contemplative day of journaling and reflection as we work with the image of the labyrinth, long associated by pilgrims with healing and self-discovery, to make connections between our past, our present and the unfolding future. We will use a guided journal method to explore not only our inner depths and the recursive pathways of our outer journeys, but to catch a glimpse of the mysterious and unseen hand of the Self at the very center of our lives.