



Southern Arizona Friends of Jung

DEMARIS WEHR, PhD

Friday lecture: February 20, 2015
Non-members, \$15; Members, \$10

Saturday Workshop

Saturday February 21, 2015
9am to 1pm

(brown bag lunch)

Workshop Cost: \$60
Members: \$45

Paypal credit card payments at
<http://www.safoj.org/events.htm>
or pay at the door at 6:30pm

Location

Han University
2856 E Fort Lowell Road
Tucson, Arizona



DEMARIS WEHR, PhD, is a Jungian psychotherapist and former professor who taught at Harvard, Swarthmore, Connecticut College, and Boston University. She has been active with peace movements sponsored by the Quakers, and is the author of *Jung and Feminism* as well as the manuscript *Making It Through: Bosnian Survivors Telling Stories of Truth*. Demaris did graduate work at the University of Pennsylvania and Temple University as well as at Pacifica Graduate Institute.

The Psychology of Forgiveness Demaris Wehr, PhD.



Lecture: Friday, February 20, 2015, 7 pm **Forgiveness in the Teeth of Genocide**

In the face of genocide is it possible to move beyond hate, revenge, and/or dissociation? Is authentic forgiveness of the perpetrators even a possibility? What would the process look like? Demaris Wehr conducted indepth interviews with eight survivors of the Bosnian genocide. One of them, a Muslim imam, felt he had to work his way through to forgiveness and Demaris will focus a significant part of her talk on his psychological and spiritual journey. She will illustrate her talk with photographs and images. Among those interviewed, there was a general consensus that the soul cannot live without meaning and, holding fast to how meaning constellated for each of them was essential to working through their traumas. The speaker will differentiate between 'forgiveness' in Christian dogma and owning feelings of hate, revenge, and aggression, while working toward authentic forgiveness of oneself and the perpetrators.

Workshop::

Saturday, February 21, 2015, 9 am-1 pm

The workshop will focus first on the variety of ways that we might 'make it through' trauma. From there, we will move into the psychological and spiritual dimensions of reconciliation and forgiveness, starting with ourselves. Traumas that are unhealed can lead to complexes that define us permanently as 'victims,' yet in that complex victim and perpetrator are two sides of the same coin. Experiential exercises will include work in dyads, active imagination, and journaling. The presenter will lead participants in a discussion of 'meaning-making' as an important dimension of letting trauma deepen the soul.

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