



## Southern Arizona Friends of Jung

### **Alchemy as Autobiography**

Janet, Muff, MSN, RN

**Lecture: Saturday,  
March 19, 2016  
10:00am-12:00pm**

Members: \$15  
Non-Members: \$20

**Workshop: Saturday,  
March 19, 2016  
1:00-5:00 pm**

Members: \$50  
Non-Members: \$65

Location:

Han University  
2856 E Ft Lowell Rd  
Tucson, AZ

For more information  
go to [www.safoj.org](http://www.safoj.org)



### **Lecture: Alchemy as Autobiography: A Personal Journey**

Alchemical forces fuel our instincts, stir our emotions, overtake our bodies and fire our imaginations. They bring movement and change to our inner architecture, to our work and to our relationships. The proper study of alchemy is not book-learning but Life; we carry on the traditions of alchemy when we study the movements in our lives to glean the “gold” hidden in our “white foliated earth,” that is, to find wisdom in the ashes of our own life experiences. To illustrate fundamental alchemical ideas, the focus of this presentation will be the laboratory of my life and my 25-year conversation with the 16th century alchemical work, *Atalanta Fugiens*.

### **Workshop: An Invitation to the Alchemical Imagination, Part II**

Following a review of the first 6 emblems of the *Atalanta Fugiens*, we will use the next 6 emblems to 1) explore the parallels between psychological and alchemical dynamics in our own lives, 2) compare and contrast how psychology and alchemy understand and approach human experiences, and 3) develop a sensitivity to the alchemical imagination.

**Janet Muff, MSN, RN**, is a senior analyst and faculty member of the C. G. Jung Institute of Los Angeles and of the Inter-Regional Society of Jungian Analysts. She has a specific interest in alchemy and has made a twenty-five year study of the *Atalanta Fugiens* manuscript. A two-way "conversation" has developed between the events in her life and this alchemical manuscript that has brought understanding and meaning to both.

