



Southern Arizona Friends of Jung



Jung For A Day (& Used Book Sale)

Saturday,

Feb 17, 2018

10:00 am - 3:00 pm

Members: \$45

Non-Members: \$60

(Registration at 9:30 am)

Location:

Grace St Paul's
Episcopal Church
(Bloom Room)
2331 E Adams St
Tucson, AZ

For more information
go to www.safoj.org

Jung For A Day (& Used Book Sale)

9:30-10:15am *Registration & Welcome*

10:15-11:30am **Jung 101: Basic Overview**

What is a Jungian psychological viewpoint? Why is a Jungian understanding important? Jung 101 will explore these questions as well as addressing the structure and the dynamics of the psyche according to Jung. Various Jungian terms such as persona, personal unconscious, collective unconscious, and shadow will be explored and how and why they interact with each other as they do.

Elaine Flannagan, MS, MEd, LPC is a Jungian-oriented psychotherapist in Tucson, AZ.

11:30-12:30pm *Lunch (bring a sack lunch) &
Book Sale (used Jungian titles at low
prices)*

12:30-1:45pm **Going Into the Dark with a Flashlight**

We humans tend to avoid the dark and to stay where there is light, where we can see what is around us. To become more psychologically whole, however, it is important to find and integrate those parts of us of which we are unaware, that are 'in the dark.' According to Jung, we do not become enlightened by imagining figures of light, but by making the darkness conscious. This talk will present some ways of going into the dark to find those unknown parts of ourselves.

Sylvia Simpson, MD is a Jungian Analyst in part-time practice in Tucson, AZ.

1:45-3:00pm **The Wisdom of the Dream, Vol 3:
A World of Dreams**

This documentary looks at the life and teachings of C.G. Jung and examines archetypal images as they are expressed in contemporary times, including a diverse range of sources, from Alcoholics Anonymous and science fiction films, to modern architecture and the stock market. There are interviews with Jungian analysts including Aniela Jaffe, Jane Wheelwright, James Hillman, and Adolf Guggenbuhl-Craig. Dr. Harry Wilmer shares his work with the dreams and "healing nightmares" of Vietnam veterans. New Age philosophy and Alfred Hitchcock's film Notorious are discussed as they relate to Jungian psychology.

Sylvia Simpson, MD is a Jungian Analyst in part-time practice in Tucson, AZ. She will facilitate a discussion of this film.