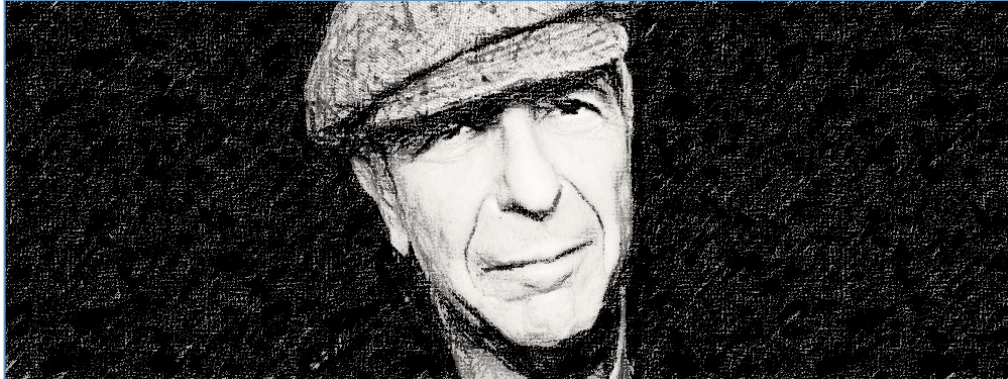




SOUTHERN ARIZONA FRIENDS OF JUNG  
presents:



**A Manual for Living with Defeat:  
An Introduction to the Songs of Leonard Cohen**

A Lecture & Workshop with  
Kurt Goerwitz, PhD, Jungian Analyst

Saturday, October 13, 2018

Lecture 9:00-11:00 am • Members: \$15, Non-Members: \$20  
Workshop 12:00-4:00 pm • Members: \$50, Non-Members: \$65

Grace St Paul's Episcopal Church (Bloom Room)  
2331 E Adams St, Tucson, AZ

Pre-register at <http://www.safoj.org>

None of us get through this life without suffering many small and some major defeats, such as the loss of a loved one, the loss of a job, or loss of physical health. If we are able to go through the psychological journey from shock and denial, through fear and confusion, grief and despair, and finally acceptance of our new reality, an altered personality may be born with greater wisdom, humility and compassion for the suffering of others.

Leonard Cohen's most important songs provide a highly condensed psychological map of this journey of transformation. Dr. Goerwitz will present six of Cohen's songs and discuss them from a Jungian point of view. A deeper understanding of his work will help us to accompany our friends, loved ones, or patients as they seek healing.

In the afternoon workshop, six more of Cohen's songs will be presented for reflection and discussion. Participants can also select images and themes from these songs to journal or write poems about, draw, etc. and then share with the group.

*Kurt Goerwitz earned a Ph.D. in psychology from UCSB and later trained as a Jungian analyst at the C.G. Jung Institute of Los Angeles. He served as president of the LA Jung Institute from 1999 to 2001. Kurt has a private practice in Santa Barbara where he shares an office with his wife Miyoko Kudo who practices sand play therapy.*

