



SOUTHERN ARIZONA FRIENDS OF JUNG

2019 Kay Fowler Memorial Lecture



Thirddness—the Archetype of Intimacy: Exploring Relational Patterns Found in the Analytic Relationship and Everyday Life

A Lecture & Workshop with
August J. Cwik, PsyD, Jungian Analyst

Saturday, November 16, 2019

Lecture 9:00 am-12:00 pm:

Members: \$35; Non-Members: \$45

Workshop 1:00-4:00 pm:

Members: \$35; Non-Members: \$45

Grace St Paul's Episcopal Church (McBride Hall)
2331 E Adams St, Tucson, AZ

Pre-register at <http://www.safobj.org>

5.5 hrs CEUs available for \$20 fee

Lecture (9:00am—12:00pm): Jung proposed a ‘transcendent function’ that seeks to unite the opposites of thinking and feeling, or the conscious and unconscious, in an image or unifying symbol. He assumes that a third thing will be created between the two participants of the analytic dyad. The concept of the analytic third informs us of not only what is going on in analysis, but also how it helps us to understand relational patterns occurring in all intimate relationships. In “The Psychology of the Transference,” Jung uses a series of alchemical plates to demonstrate the creation of a third and its eventual fate in creating inner structure. We will attempt to make practical sense of this alchemical art and mine it for what it has to offer. Focusing on thirddness as an “analytic compass” leads to the mutual individuation of the dyad. Objectives will be to: describe the components of thirddness; identify the elements of associative dreaming; and describe how reverie and associative dreaming become the analytic compass

Workshop (1:00—4:00pm): Current studies in neuroscience explore how reverie, or “mind wandering” or daydreaming, emanate from the default system of the brain. The activation of the lower brain centers brings in the emotional and memory systems to aid in problem solving. We will look at some of this work and how it might apply to relationship. The group will participate in an imaginal exercise demonstrating the reality of the field, the third space, created between individuals.

August J. Cwik, PsyD is a clinical psychologist, hypnotherapist and diplomate Jungian analyst in private practice in Park Ridge and Chicago Illinois. He is a member of the C.G. Jung Institute of Chicago and the Inter-Regional Association of Jungian Analysts. He is an Assistant Editor of the Journal of Analytical Psychology and former Co-Director of Analyst Training Program and the Clinical Training Program in Analytical Psychotherapy at the Chicago Institute. He has published on the structure of analysis, supervision, alchemical imagery, active imagination, dreams, thirddness, and numerous reviews.

