



SOUTHERN ARIZONA FRIENDS OF JUNG



Jung's Active Imagination Embodied

A Lecture & Workshop with
Susan Lea Schoon,
MS/ED, MC/MFCT, LPC, NCC, R-DMT

Saturday, October 19, 2019
(Note change from Oct 12)

Lecture 9:00 am-12:00 pm:
Members: \$35; Non-Members: \$45

Workshop 1:00-4:00 pm:
Members: \$35; Non-Members: \$45

Grace St Paul's Episcopal Church (McBride Hall)
2331 E Adams St, Tucson, AZ

Pre-register at <http://www.safoj.org>
5.5 hrs CEUs available for \$20 fee

"The symbols of the self arise in the depths of the body." —Jung (1940, p.173)

Lecture (9:00am—12:00pm): The morning presentation will offer an understanding of how Jungian psychotherapy and dance/movement therapy merge through the application of Jung's active imagination method. Utilizing lecture and slide presentation, Ms Schoon will also provide the historical development of dance movement therapy and how Jungian dance/movement therapists and others have brought home the meaning making in movement for use in psychotherapy.

Workshop (1:00—4:00pm): In the afternoon session, attendees will engage, creatively reflect, and participate in dance/movement therapy activities that reflect the theoretical underpinnings of Jung's active imagination and the application of the creative process within the context of psychotherapy. After taking the group through some selected movement studies, Ms Schoon will model an Authentic Movement session and lead the group through the process of Authentic Movement. Time will be given to reflect on the creative process through paired sharing, drawing and journaling.

After several years' experience with a Jungian art therapist who completed analytic training and had studied at the Jung Center in Zurich SPP, **Susan Schoon** became a registered dance/movement therapist and completed a series of seminars on Jungian psychotherapy. She is also a licensed professional counselor working in mental health and private practice. Her private practice offers an orientation to psychotherapy based on Jungian psychology and the healing effect of the mind body connection. Ms. Schoon has recently completed two international workshops in Tuscany, Italy, "Embodied Alchemy: Awakening Spirit in the Body" and "Witnessing Presence: Body as Compass~An International Authentic Movement Retreat" with Tina Stromsted, Ph.D., Jungian Analyst and Dance Therapist.

