



SOUTHERN ARIZONA FRIENDS OF JUNG

EVERETT G. MCLAREN, Ed.D

Affect and Archetype:
Ancient Gods and 21st Century Science

Lecture: Friday, November 1, 2013, 7pm

Presentation Cost: \$15

Members: \$10

The Shame Complex

Workshop: Saturday November 2, 2013

9am to 1pm

(one hour brown bag lunch break)

Workshop Cost: \$60

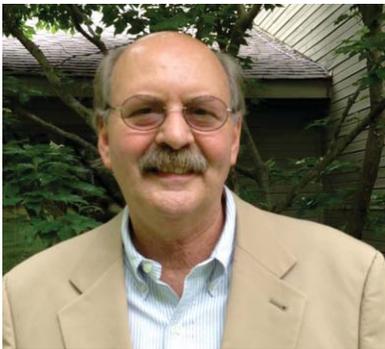
Members: \$45

Credit card payments at
<http://www.safj.org/upcoming> events
or pay at the door at 6:30pm

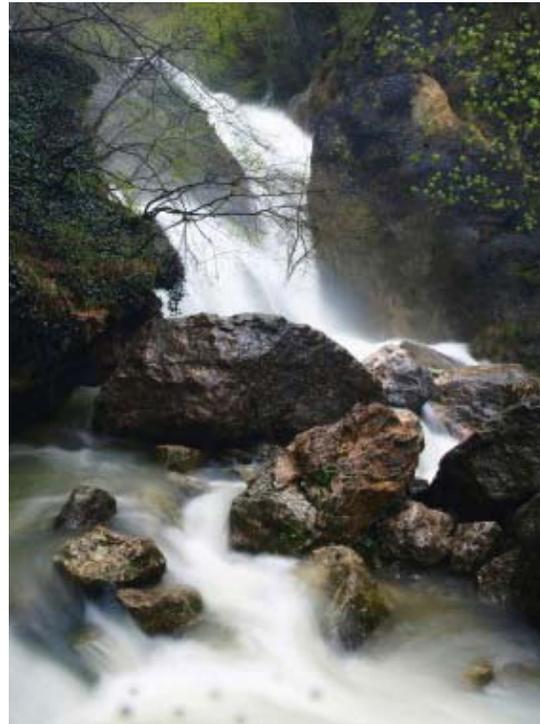
Website designed by Nuanced Media

Location

Little Chapel,
(Ada Peirce McCormick Building)
1401 E. First Street, Tucson



EVERETT G. MCLAREN, Ed.D., is a Jungian Analyst who trained through the Inter Regional Society of Jungian Analysts. He received his doctoral degree in Counseling from the College of William and Mary. He worked in Juvenile Corrections, outpatient alcohol and drug treatment facilities, and community mental health before going into private therapy practice in 1984. He is currently the coordinator for the New Orleans Jungian Seminar and serves on the Training Committee of the IRSJA.



AFFECT AND ARCHETYPE

The Shame Complex

November 1–2

Lecture: Affect and Archetype: Ancient Gods and 21st Century Science: “The archetypes are formal factors responsible for the organization of unconscious psychic processes: they are “patterns of behavior.” At the same time they have a “specific charge” and develop numinous effects which express themselves as affects.” (C.G. Jung)

This lecture will explore the nature of affect (emotion), its regulation and dysregulation, and its influence on our daily life. Neuroscience has confirmed the importance of dreaming in affect regulation and supports Jung’s ideas about the importance of affect. Jung stressed the importance of affect when working with a complex and emphasized the value of both the affective experience and the cognitive understanding in the individuation process.

Workshop: The Shame Complex: In this workshop, we will explore the nature of the powerful affect of shame, how it gathers meaning and forms complexes, and how the shame complex manifests in one’s life and dreams. What is the nature of your experience with shame? Are there any stories, myths, fairytales, or movies that illustrate some of your experience and recognition of shame? The workshop will include lecture, discussion, and time for reflection. Participants will have the opportunity to reflect on and journal about their own experience and understanding of shame. Please bring a journal or paper.