



Southern Arizona Friends of Jung

Steven Joseph, MD
Saturday Presentation

Encountering the Unconscious: Introduction to the Method of Jungian Analysis

Saturday, April 20,
Presentation at 7pm

Cost: \$15

Members: \$10

Paypal credit card payments at
<http://www.safoj.org/events.htm>
or pay at the door at 6:30pm

Location

Casas Adobes Congregational Church
6801 N. Oracle Road
park and enter near the office

Steven M. Joseph, MD, a graduate Stanford Medical School, is a Board certified psychiatrist and Jungian analyst practicing in Tucson AZ and in Alameda CA. He is a training analyst at the C. J. Jung Institute of San Francisco and has also taught at venues throughout the United States, as well as in Israel and the Ukraine. He has taught and written on the theory and practice of Jungian analysis, including Jung's involvement with the writings of the alchemists and his concern with the religious dimension of the psyche. In addition, Dr. Joseph has been a longtime student and sometime teacher of the inner traditions of Judaism (*kabbalah*, *hasidut* and *mussar*).



Encountering the Unconscious: Introduction to the Method of Jungian Analysis

by
Steven Joseph, MD

The process of becoming conscious engages *the whole of the human being* – the interpersonal, the somatic and the spiritual, as well as the psychological. It is an ongoing process of transformation that has as its focus the healing and cure of souls. Jung's analytic method grows out of his work on himself. Firstly, it is *phenomenological*, i.e., it grows out of a recognition of the unconscious as "other" and out of a recognition of the deep necessity to encounter this "other within." Secondly, it involves *a deep engagement with our core inner complexes* – our compulsive, repetitive patterns of emotionally charged ideas, images, feelings, somatic states, and behaviors – that dominate much of our everyday lives and cause much of our psychological suffering. Thirdly, there is *the profound ethical obligation* that emerges from the ongoing work of engaging with the unconscious. Just as the encounter with the "otherness" of another human being entails a moral response, so does the encounter with the "inner other" of the unconscious. The transformative healing of psyche through growth in consciousness requires us to take responsibility for *the totality of who and what we are*.

For more information, forms, and PayPal internet payment option, see: www.safoj.org.

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