



Southern Arizona Friends of Jung

RON SHARRIN. PhD

Friday lecture: April 10 2015, 7pm
Non-members, \$15; Members, \$10

Saturday Workshop
Saturday April 11, 2015
9am to 1pm
(brown bag lunch)
Workshop Cost: \$60
Members: \$45

Paypal credit card payments at
<http://www.safoj.org/events.htm>
or pay at the door at 6:30pm

Location

Han University
2856 E Fort Lowell Road
Tucson, Arizona



RONALD M. SHARRIN, PH.D. is a clinical psychologist in private practice in Topanga, CA. He is an Assistant Clinical Professor, Department of Psychiatry and Biobehavioral Sciences, at UCLA. He has studied and practiced Buddhism for 45 years, and teaches meditation in the Los Angeles area.

Buddhism and Depth Psychology Exploring a Possible Synthesis



**Lecture: Buddhism
and Depth Psychology:
Exploring a Possible
Synthesis**
Friday April 10, 2015, 7 pm

The lecture will explore the possibilities of a synthesis between the two traditions, as well as Buddhist meditation as a potentially powerful form of practice for Depth Psychology. One important issue to be explored is how the split between ego and the world is the primary obstacle to the practice of both Buddhist meditation and Depth Psychology. So long as the subtle effects between internal and external is accepted, it will be very difficult to distinguish between ego and Psyche.

Workshop: A Meditation Retreat
Saturday April 11, 9 am - 1 pm

The presenter will lead a four-hour meditation retreat, in which participants will follow meditation periods with brief journal work and discussion of experience. We will look at the central issues of "view," or one's perspective on experience; hindrances/shadow; and the nature of internal narrative as crucial factors in creating the conscious world.