

SOUTHERN ARIZONA FRIENDS OF JUNG

A Vigilant Attitude – Who Needs It?

A Presentation by Kathryn Kuisle, Ph.D., Jungian Analyst

Saturday, February 6, 2021 from 9:30 am to 12:30 pm (via Zoom)

Members \$40; Non-Members \$50

2.5 CEUs available for \$20

Registration deadline is 6:00 pm on the day before the event

Zoom link will be emailed to registrants by 10:00 pm the day before the event

Waiting, Watching in the Wanderings of Life:

In this world of speed and rapid change, watching and waiting often get forgotten or ignored. In this presentation, I will address the concept of watching, keeping vigil and waiting in our lives, in the therapeutic experience and the individuation process. We will also look at the ritual of vigil and how it is something the collective appears to need. Considering “vigil” as an archetypal image, I will explore its ancient presence and meaning found in myth, Scriptures, various cultures, and rituals, as well as pondering how in 2021, we need the richness of this ancient ritual of waiting and watching. We will ponder the time we are living in with the Covid 19 virus, racial and societal tensions and how we are challenged in a particular way to be vigilant and keep vigil. There will be the opportunity to reflect on the unknown visitors in our lives, how we can be more attentive to them and develop a vigilant attitude. Throughout the morning there will be opportunities for interaction with the participants.

Presenter Biography:

Kathryn Kuisle, PhD, is a Jungian analyst with a private practice in Colorado Springs and Denver. She is a graduate of the C. G. Jung Institute in Zurich and holds a PhD in analytical psychology from Union Institute and University in Cincinnati. She is president of the Board of the C. G. Jung Institute of Colorado in Denver where she teaches as a senior analyst. Kathryn enjoys time with family and friends, teaching, gardening and films to name a few of life’s gifts. Her website is www.kkuisle.com.

Learning Objectives:

1. To develop an understanding of the importance of a vigilant attitude in therapeutic work and steps to its development.
2. To consider the psychological need for being more attentive in life through waiting and watching especially in clinical work.
3. To share methods and skills that help develop and strengthened awareness of waiting and watching in the challenges that life presents.