



Reviewing Your Lived and Unlived Life

Presented by Connie Zweig, Ph.D.

Saturday, October 9, 2021 — 9:30am to 12:30pm
(via Zoom)
Fee: \$40 (members); \$50 (non-members)
2.5 CEUs available for \$20
Please see registration notes*

This presentation describes the traditional life review in midlife or beyond as the ego's life review and adds the dimension of Shadow -- how to connect what was expressed with what was repressed. In this way, the unlived life moves into awareness, and we can reclaim some of what was sacrificed. We will explore both personal and archetypal levels of our stories and seek the patterns in the tapestries of our lives. **Note:** Please have with you the largest piece of paper you can find and a pencil.

Learning Objectives:

1. Describe how to do a traditional life review.
2. Identify a key pattern in your life story.
3. Describe how to review your unlived life.
4. Identify a feeling, trait, talent, or dream that was buried in the Shadow.
5. Choose to explore one of them now.

Connie Zweig, Ph.D., is a retired Jungian-oriented therapist, co-author of *Meeting the Shadow* and *Romancing the Shadow*, author of *Meeting the Shadow of Spirituality* and a novel, *A Moth to the Flame: The Life of Sufi Poet Rumi*. Her new book, *The Inner Work of Age: Shifting from Role to Soul* (Sept. 2021) extends shadow-work into late life and teaches aging as a spiritual practice. Connie has been doing contemplative practices for 50 years. She is a wife and grandmother and was initiated as an Elder by Sage-ing International in 2017. After investing in all these roles, she is practicing the shift from role to soul.



*Registration Notes:

- You do not need to have a PayPal account to pay your registration fee. When directed to PayPal by Eventbrite, simply ignore the button to log in and proceed to pay as a guest.
- Registrations cannot be accepted **after 6:00 pm on Friday, October 8.**
- The Zoom link will be **emailed to participants by 10:00 pm on Friday, October 8.** Please check your spam folder if you don't see the email.

[Image credit: *Only Say the Word* by Erica Grimm-Vance]

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