

Andean Shamanism and Jungian Psychology

Presented by Deborah Bryon, PhD,
Jungian Analyst

Saturday, February 12, 2022
9:30am to 12:30pm (via Zoom)
Fee: \$40 (members); \$50 (non-members)

Please see registration notes below*

NOTE: 3 CEUs in Multicultural Competency (\$20 fee) are available to AZ licensed professionals via Cottonwood Tucson

We will begin with an opening group meditation in the Peruvian shamanic Q'ero tradition. I will provide an overview of Andean Shamanism, describing Andean cosmology and the shamanic initiatory process, tying it to Jungian psychology. Integrating shamanic states of ecstasy like assimilating numinous experience, involves shifting from nonverbal energetic somatic states, into the formation of symbolic imagery arising from the unconscious, pulling from the objective psyche surrounding us in the nature world. During the integration process after shamanic initiation, this numinous energetic experience becomes metabolized into explicit understanding that can later be reflected upon. We will work with the concept of building a "misa," a sacred medicine bundle of *quiyas* (sacred stones in the Q'ero tradition) and conclude with group discussion and a final closing meditation.

Learning Objectives:

1. Develop a greater appreciation of cultural differences in indigenous cultures such as the Q'ero.
2. Establish a cultural framework for numinous experience and identify differences in the way these experiences are understood among other indigenous groups.
3. Understand how this theory and technique can be applied within a therapeutic context.
4. Cultivate a strong foundation and knowledge base of developmental, object relations, and Jungian analytic theories.



Untitled, Deborah Bryon



Deborah Bryon is a graduate of UCLA and received her doctorate in Counseling Psychology from the University of Denver before becoming a diplomate Jungian analyst with the Inter-Regional Society of Jungian Analysts. Her journey on the Andean medicine path started over a decade ago when she began having dreams that led her to Peru to work with the Andean paqos. She is the author of several articles on Andean medicine, the mesa, and Andean teachings in magazines and Jungian publications, and is a frequent lecturer in the analytic community. As a Paqo Yachacheq, her vision is to bring the wisdom and practice of the Andean medicine people into the psychoanalytic community as a way of healing the "whole person" with a focus on conscious integration, creativity, and spirituality. In addition to writing, teaching, and seeing clients in private practice, Deborah is a painter and member of Spark Gallery. She uses painting as visual language to describe her experience of spiritual connection with the Apus and Andean Cosmos.

*Registration Notes:

- You do not need to have a PayPal account to pay your registration fee. When directed to PayPal by Eventbrite, simply ignore the button to log in and proceed to pay as a guest.
- Registrations cannot be accepted after 6:00 pm on Friday, February 11. There are no exceptions.
- The Zoom link will be emailed to participants with their receipt from Eventbrite. Please save this in a safe place.

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