

# The Art of Alchemy

Presented by **Jeffrey Kiehl, PhD**

Diplomate Jungian Analyst

**Saturday, October 8, 2022 9am to Noon (via Zoom)**

Fee: \$35 (members); \$45 (non-members); \$20 (FT Students)

3 CEUs (\$20 additional fee) are available to AZ licensed professionals\*

**Please see registration notes below\***



Alchemy is an ancient art that recognizes the deep, subtle interconnectedness between psyche and the world. Carl Jung focused the last thirty years of his life exploring the important psychological dimensions of alchemy. Jung realized that our process of individuation, our coming to wholeness, is mirrored in alchemy and its varied stages of color and transformative processes. Alchemy is rich in imagery and is perhaps best experienced through image. In this presentation, I use alchemical images to take us on a journey of transformation, and, along the way, explain the psychological dimensions of alchemical processes. I will emphasize how we can use alchemical images to experience the manifold dimensions of psyche and the sacredness of our world.

Our journey begins with the nigredo, or blackening stage which brings us face to face with our shadows. To facilitate this process, we need to apply heat to dispel confusing concepts that rest in our confused situation. The next stage of our journey the albedo, or whitening stage, asks us to reflect on our place in the world and enter the more imaginative, fluid realms of psyche. Here we learn to practice patience and openness and marry the masculine and feminine forms within and without. We then explore, the citrinitas, or yellowing stage which opens us to a deep center of inner light, in which we feel the warmth and refinement of what we discovered within ourselves. Finally, with the rubedo, or reddening stage we learn to physically embody our experiences. This is an essential stage in our work, in which we not only understand our renewed relationship with ourselves and the world, but actually experience a felt-sense of the sacredness of the everyday world.

## Learning Objectives:

Participants will explore how:

- 1) the stages of alchemy represent steps in the process of psychological individuation
- 2) specific alchemical processes are linked to psychopathology
- 3) working with alchemical images provides a projective tool for working with clients



**Jeffrey Kiehl, PhD**, is a Diplomate Jungian Analyst and senior training analyst for the C.G. Jung Institute of Colorado and the Inter-Regional Society of Jungian Analysts. He is the author of *Facing Climate Change: An Integrated Path to the Future*, which provides a Jungian perspective on climate change. He has also published articles on US Cultural Complexes and Climate Change, and *The Green Man and Climate Change*. Jeffrey's current interest include the relationship between psych & matter, alchemy and amplification of film through a Jungian lens. Jeffrey has presented on these topics at national and international conferences. He lives in Santa Cruz, CA.

## \*Registration Notes:

- You do not need to have a PayPal account to pay your registration fee. When directed to PayPal by Eventbrite, simply ignore the button to log in and proceed to pay as a guest.
- Registrations cannot be accepted after 6:00 pm on Friday, October 7. There are no exceptions.
- The Zoom link will be emailed to participants with their receipt from Eventbrite. Please save this in a safe place.
- CEUs are provided from Cottonwood de Tucson for AZ Licensed Professionals only

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