



ALL OF THE ABOVE: A DREAM GROUP WORKSHOP

presented by **Helen Landerman**

Friday July 7 from 4-6 PM

Held in person at The Little Chapel of All Nations on the U of AZ campus.

Free for SAFOJ members, and donations are gratefully accepted from others.

Please register at SAFOJ.org/dreamwork.html (attendance is limited)

As a disciple of *Jeremy Taylor*, Helen facilitates dream groups using the **group projective** as well as other methods to demonstrate the richness, depth, and efficacy of sharing dreams in groups. More levels of meaning can be revealed by listeners' projections and perspectives, and all can share in the healing messages of dreams. Helen's Ph.D. in Literature enriches her fascination with metaphors and archetypes within dreams.

Helen is certified through the Marin Institute of Projective Dream Work.

“Sigmund Freud and Carl Jung taught us so much about the importance of dreams. Developing dreamwork further, Montague Ullman and Jeremy Taylor dedicated their lives to the practice of working with dreams in groups. Our rational and technological milieu doesn't give as much importance to dreams as did ancient civilizations or tribal cultures. But the visual images in dreams speak a universal language which can speak to and be interpreted by all.”

—**Helen Landerman**

